



Microenvironmental characteristics and physiology of biofilms in chronic infections of CF patients are strongly affected by the host immune response

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Paper Title Page

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20 **Abstract**

21 *In vitro* studies of *P. aeruginosa* and other pathogenic bacteria in biofilm aggregates have yielded
22 detailed insight to their potential growth modes and metabolic flexibility under exposure to
23 gradients of substrate and electron acceptor. However, the growth pattern of *P. aeruginosa* in
24 chronic lung infections of cystic fibrosis (CF) patients is very different from what is observed *in*
25 *vitro* e.g. in biofilms grown in flow chambers. Dense *in vitro* biofilms of *P. aeruginosa* exhibit
26 rapid O₂ depletion within <50-100 µm due to their own aerobic metabolism. In contrast, *in vivo*
27 investigations show that *P. aeruginosa* persists in the chronically infected CF lung as relatively
28 small cell aggregates that are surrounded by numerous PMNs, where the activity of PMN's is the
29 major cause of O₂ depletion rendering the *P. aeruginosa* aggregates anoxic. High levels of nitrate
30 and nitrite enable *P. aeruginosa* to persist fueled by denitrification in the PMN-surrounded biofilm
31 aggregates. This configuration creates a potentially long-term stable ecological niche for *P.*
32 *aeruginosa* in the CF lung, which is largely governed by slow growth and anaerobic metabolism
33 and enables persistence and resilience of this pathogen even under the recurring aggressive
34 antimicrobial treatments of CF patients. As similar slow growth of other CF pathogens has recently
35 been observed in endobronchial secretions, there is now a clear need for better *in vitro* models that
36 simulate such *in vivo* growth patterns and anoxic microenvironments in order to help unraveling the
37 efficiency of existing or new antimicrobials targeting anaerobic metabolism in *P. aeruginosa* and
38 other CF pathogens. We also advocate that host immune responses such as PMN-driven O₂
39 depletion play a central role in the formation of anoxic microniches governing bacterial persistence
40 in other chronic infections such as chronic wounds.

41

42

43 **Keywords:** microenvironment, growth, chronic infection, biofilm, immune response

44 1. Introduction

45

46 The biofilm physiology of pathogenic bacteria has mostly been studied *in vitro* using flow-chamber
47 setups, where a continuous flow of media has maintained the external chemical microenvironment
48 constant (1), (2) resulting in vertically and laterally stratified distributions of nutrients and
49 metabolites, i. e., the formation of concentration gradients, due to i) mass transfer impedance
50 between fluid and the exopolymeric biofilm matrix, and ii) heterogeneity in biomass distribution (2-
51 5). In presence of such gradients, the bacteria can adapt their physiology according to the actual
52 chemical microenvironment in the biofilm resulting in distinct growth zones and modes of
53 metabolism (2). Thus, the growth of such *in vitro* biofilms creates internal chemical and
54 physiological gradients, which are largely governed by solute exchange with the medium and the
55 diffusive properties and restricted bacterial mobility in the biofilm exopolymeric matrix. In biofilms
56 associated with chronic infections CF patients, however, direct evidence of physiological gradients
57 within *in vivo* biofilms is lacking. In fact, the finding of low and uniformly distributed growth
58 inside biofilm aggregates of the important pathogenic bacterium *Pseudomonas aeruginosa* in the
59 chronically infected lungs of cystic fibrosis (CF) patients (6) points to the absence of physiological
60 differentiation inside such cell aggregates. In addition, the low *in vivo* growth rates of pathogens,
61 the hypoxic or anoxic conditions in infected CF endobronchial mucus (7), and the accumulation of
62 numerous polymorphonuclear leukocytes (PMNs) around bacterial biofilm aggregates (8) imply
63 that the majority of O₂ is not consumed by the biofilm but rather by the host immune-response
64 outside the biofilm. In particular, PMNs that accumulate around *P. aeruginosa* biofilms *in vivo* (8)
65 can cause intense O₂ depletion during their respiratory burst (9) and the formation of nitric oxide
66 (NO) (10) in endobronchial secretions from CF patients with chronic *P. aeruginosa* lung infection.
67 This PMN-imposed restriction of O₂ availability for the pathogens *in vivo* is unlike most *in vitro*

68 biofilm studies, where normoxic media are typically supplied continuously. In this review we
69 discuss current evidence for a new working model of chronic infections in CF patients, proposing
70 that it mainly is the interaction between PMNs and *P. aeruginosa* biofilm aggregates that imposes
71 physiological constraints on the *in vivo* biofilm, and modulates the biofilm microenvironment in CF
72 lungs. We also discuss important implications of this revised view on infectious biofilms for the
73 antibiotic treatment of chronic lung infections.

74

75 **The host immune-response changes the chemical microenvironment during chronic lung** 76 **infection in CF lungs**

77 Cystic fibrosis (CF) is caused by mutations in the cystic fibrosis transmembrane conductance
78 regulator gene affecting apical ion transport (11). The defective ion transport results in the
79 formation of thick viscous mucus, which makes the lungs susceptible to chronic respiratory
80 infections by preventing mucociliary clearance (12), (13) and impeding solute mass transfer and
81 penetration of antibiotics in the mucus (14-16). Chronic lung infection is the most severe
82 complication in CF and *P. aeruginosa* is the major bacterial pathogen causing such infection (17),
83 (18). In the chronic lung infection, *P. aeruginosa* exists in small biofilm cell aggregates that are
84 persistently surrounded by PMNs in the endobronchial mucus (8), (19), (20). According to O₂
85 measurements directly in the lungs of CF patients, the infected endobronchial mucus is subject to
86 severe hypoxia or even anoxia (7). Besides aerobic respiration by the lung epithelium (7), the
87 depletion of O₂ is predominantly caused by host immune cells, i.e., PMNs that inflict a strong local
88 O₂ consumption for their production of superoxide (O₂⁻) (9) and to a lesser extent for production of
89 nitric oxide (NO) (10). The O₂ consumption by microbial aerobic respiration thus appears
90 diminutive under such *in vivo* conditions in the CF lung (9).

91 Accelerated O₂ consumption by activated PMNs has long been recognized (21) and is due to a one-
 92 electron step reduction of O₂ to O₂⁻ (22) by a NADPH-oxidase (23) named NOX-2 (24) that leads to
 93 a process known as the respiratory burst (25). In spite of this name, PMNs are barely engaging in
 94 aerobic respiration for acquiring ATP, and <3% of provided glucose is oxidized through the TCA in
 95 PMNs (26). The PMNs mainly produce ATP via anaerobic glycolysis (27), and inhibition of their
 96 terminal cytochrome C oxidase neither decrease O₂ consumption nor production of O₂⁻ in PMNs
 97 (28), (9). Thus O₂ consumption by PMNs is devoted for the production of reactive oxygen species
 98 (ROS) that are essential for the antimicrobial host response; patients with defective ROS
 99 production, such as patients with chronic granulomatous disease (29) are therefore very susceptible
 100 to bacterial and fungal infections (30).

101 Most infectious biofilms are characterized by a stimulation of an inflammatory response that is
 102 typically dominated by PMNs (32). Increased ROS production and thus O₂ consumption by PMNs
 103 is a stereotypical response that can be activated by both fungal intruders, Gram-positive and Gram-
 104 negative planktonic bacteria (32), (9), by bacterial biofilms (33), as well as by sterile tissue damage
 105 (34). Therefore, a variety of stimuli can strongly affect the O₂ availability for infectious microbial
 106 biofilms and consequently, we propose that O₂ depletion in infected endobronchial CF mucus is
 107 primarily due to O₂ consumption by activated PMNs. Sputum samples from CF patients with *P.*
 108 *aeruginosa* chronic lung infection generally contain PMNs with ongoing respiratory burst (9), (35)
 109 and NO production (10). In accordance, sputum samples from adult CF patients with *P. aeruginosa*
 110 chronic lung infection exhibit steep O₂ concentration gradients and very thin oxygenated surface
 111 zones (36). Similar O₂ gradients have also been measured in fresh sputum from pediatric CF
 112 patients with lung infections involving various bacterial species (37). During biofilm infections,
 113 activated PMNs may thus expand the O₂ depleted zones in the lung to an extent that favors

114 pathogenic adaptation to anaerobic physiology and such adaptation has actually been confirmed *in*
115 *vivo* by several biomarkers (see below).

116 Activated PMNs may also decrease extracellular pH (38), (39) and secrete lactate (40), and acidic
117 conditions of pH<6.2 have been measured in endobronchial mucus (41) and in freshly expectorated
118 sputum from CF patients with lung infection (37). Additional host responses also affect the
119 availability of potential alternative electron acceptors for anaerobic microbial metabolism. In CF
120 sputum, high levels of nitrate (NO_3^-) and nitrite (NO_2^-) of ~0.05-1 mM have been measured (42-44),
121 (36), and increased levels of NO_3^- and NO_2^- in the blood have also been observed during
122 experimental *P. aeruginosa* lung infection (45) that may be linked to the host response. Activated
123 PMNs in infected CF sputum have thus been shown to liberate NO_3^- and NO_2^- (46) probably
124 resulting from the degradation of peroxynitrite generated from the rapid reaction between O_2^- and
125 NO produced by activated NOX-2 and nitric oxide synthase (47), (48).

126 **Growth and biofilm structure:** *In vitro* biofilms grown in flow cells and drip-flow reactors,
127 exhibit formation of steep chemical gradients (2), (49). These result in heterogeneous growth
128 patterns forming a complex structural and chemical landscape (3-5), (49). In such *in vitro* biofilms,
129 bacterial growth rate has been estimated to rapidly drop with distance from the biofilm surface
130 reaching quasi-static growth at 40-50 μm depth (49), (50). As illustrated in Figure 1, such decline of
131 aerobic growth can be attributed to electron acceptor limitation due to rapid *in vitro* O_2 depletion by
132 bacterial biomass coupled with mass transfer limitation of the diffusive O_2 supply from the
133 surrounding medium (3), (4), (51), (52).

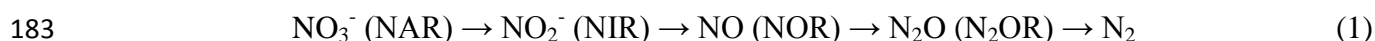
134 However, we note that the presence of large surface attached biofilms with pronounced intra-biofilm
135 gradients as seen *in vitro* remain to be demonstrated in chronic biofilm infections of CF lungs. *In vivo*
136 biofilms in most chronic infections are typically found as small, suspended small cell aggregates that are
137 surrounded by a high concentration of PMNs (6), (19). A meta-analysis of the size of such biofilm
138 aggregates in various chronic infections showed a biofilm aggregate diameter range of 4 – 200 μm with a

139 median diameter of 50 μm in chronic CF lung infections, chronic wounds, and implant-associated and Otitis
140 media infections (19) (Figure 2). These *in vivo* biofilm dimensions are thus in strong contrast to large area
141 surface-attached *in vitro* biofilms typically ranging from $\sim 50\ \mu\text{m}$ to several hundred μm in thickness (53, 54).

142 Growth rates of *P.aeruginosa* within different biofilm aggregates in lung tissue from chronically
143 infected CF patients showed significant variability among individual aggregates throughout the
144 lungs (6). However, growth across individual biofilm aggregates, i. e., a comparison of growth
145 rates of bacteria in the periphery and more central parts of individual aggregates, showed no
146 significant differences (6). Thus, the heterogeneous growth patterns driven by chemical gradients in
147 biofilms grown *in vitro* could not be demonstrated *in vivo* in biofilm aggregates characteristic of
148 chronic CF lung infection. Instead, *in vivo* growth rate heterogeneity between individual biofilm
149 aggregates showed a statistically significant correlation to the local concentration of PMNs
150 surrounding the bacterial biofilm aggregates, where a higher concentration of PMNs lead to slower
151 growth within the biofilms (6). High consumption of O_2 by the PMNs can thus have a bacteriostatic
152 effect on cells within the biofilms as a whole. In this way, the surrounding inflammation can be
153 viewed as a secondary matrix through which chemical gradients may build towards the periphery of
154 the biofilm and not through the biofilm itself (6). Several studies have investigated the growth
155 pattern of bacteria in the lungs of patients with CF. It is interesting that these studies have shown
156 that species frequently classified as obligate aerobes such as *Staphylococcus aureus*,
157 *Stenotrophomonas maltophilia* and *Achromobacter xylosoxidans* exhibit virtually zero growth,
158 which is in line with depletion of O_2 in infected parts of the CFs lungs, whereas the facultative
159 anaerobe *P.aeruginosa* exhibits slow growth under these conditions (6), (55-58). We conclude that
160 PMNs apparently play a major role in modifying the chemical microenvironment thereby imposing
161 growth restriction upon pathogens in biofilm aggregates associated with chronic lung infections of
162 CF patients. As susceptibility to several types of antibiotics may be decrease by low availability of

163 O₂ (59-61) and slow growth (62-66), PMNs may also play a major role in rendering *in vivo* biofilms
 164 resistant to antibiotics (Figure 1E,F; Figure 3). In the following, we discuss how *P. aeruginosa*
 165 might operate and adapt to biofilm life in an ecological niche in CF lungs, where O₂ is largely
 166 absent due to PMN activity.

167 **Metabolic flexibility in *P. aeruginosa*:** The ability of microorganisms to exploit a wide range of
 168 electron acceptors for ATP generation provides metabolic flexibility in transient environments
 169 enabling the population of a variety of terrestrial and aquatic habitats (67). Such metabolic
 170 flexibility may also be an important trait in pathogens causing chronic infections. The opportunistic
 171 pathogen *P. aeruginosa* can grow under anoxic conditions by denitrification (68) or arginine
 172 fermentation (69), (70), while anaerobic pyruvate fermentation can support long-term survival of *P.*
 173 *aeruginosa*, but does not enable growth (71), (72). The intensive depletion of O₂ caused by
 174 activated PMNs in infected endobronchial secretions (9) may thus impose a necessary shift from
 175 aerobic to anaerobic life-styles of microorganisms in biofilm aggregates. Accordingly, anoxic zones
 176 in freshly expectorated sputum from CF patients with *P. aeruginosa* lung infections exhibit
 177 production of nitrous oxide (N₂O) (Figure 4) (36), (37), which is a signature of denitrification (68).
 178 This metabolic shift to anaerobic respiration may reflect adaptation as a consequence of O₂
 179 restriction since several genes involved in denitrification in *P. aeruginosa* are upregulated by O₂
 180 depletion as a result of O₂ sensing by Anr (73), (74). Complete bacterial denitrification is performed
 181 by the four enzymes nitrate reductase (NAR), nitrite reductase (NIR), nitric oxide reductase (NOR)
 182 and nitrous oxide reductase (N₂OR) that catalyzes the four step reduction of NO₃⁻ to N₂ (68):



184 The CF pathogens *P. aeruginosa*, *A. xylosoxidans*, *B. multivorans* and *S. maltophilia* all exhibit
 185 biofilm growth associated with chronic lung infections (75-77). During anoxia, clinical isolates of

186 these four pathogens responded to supplemental NO_3^- by increased growth and were apparently
187 capable of NO_3^- depletion, while only *P. aeruginosa* and *A. xylosoxidans* displayed the formation of
188 N_2O (56). The genetic set-up for complete denitrification from NO_3^- to N_2 is found in *P. aeruginosa*
189 (78), (79) as well as in *A. xylosoxidans* (79). However, formation of N_2 from NO_3^- via
190 denitrification has so far only been demonstrated in cultures of *P. aeruginosa* (68) and remains to
191 be firmly verified in cultures of *A. xylosoxidans*.

192

193 **Response of *P. aeruginosa* to hypoxia:**

194 Aerobic respiration in *P. aeruginosa* involves a four-electron reduction of O_2 to H_2O via five
195 terminal oxidases (80-85). The *cbb*₃-1 oxidase, the *ccb*₃-2 oxidase and the *aa*₃ oxidase, are all
196 cytochrome *c* oxidases, while the *bo*₃ oxidase and the cyanide-insensitive oxidase (CIO) are quinol
197 oxidases. Each oxidase has a specific affinity for O_2 , efficiency of proton translocation and
198 tolerance to stress imposed by e.g. reactive nitrogen species and cyanide (86). While the *cbb*₃ are
199 oxidases with high affinity for O_2 (87) the *aa*₃, *bo*₃ and CIO oxidases have low affinity to O_2 (86-
200 88).

201 The four reductase enzymes involved in denitrification are induced by low O_2 tension and the
202 presence of NO_3^- (89). The anaerobic regulator of arginine and nitrate reductase (Anr) (belonging to
203 the Fnr-Crp regulator family) is on top of the regulatory network controlling the activity of the four
204 central denitrification enzymes and thereby anaerobic energy metabolism (90-93). However, the
205 additional transcriptional regulators Dnr and NarX-NarL are also needed for denitrification. NarX
206 detects NO_3^- and activates NarL, that down-regulates arginine fermentation (94-96), while Dnr is
207 highly dependent on the activation of Anr to activate the cascade of genes encoding the Nar, Nir,
208 Nor and Nos reductases (95). In addition, Dnr responds to the presence of NO (97-99).

Furthermore, the *P. aeruginosa* quorum sensing regulator RhlR can repress the expression of the four reductase-coding genes (100) together with the quinolone signal (PQS) (101).
 The Anr regulator is also a main regulatory factor controlling the five terminal oxidases involved in aerobic respiration by *P. aeruginosa* as it monitors the O₂ concentration, and at low O₂ concentrations activates the expression of the *cbb₃-1* and the *cbb₃-2* oxidase as well as represses the expression of CIO (86). Regulation of *aa3* and *bo3* appears to depend on nutrient and iron starvation (86).
 Even though the citric acid cycle is fully operative in bacteria under denitrifying conditions (102) more energy is preserved during aerobic respiration (103). Recently, the NO_x reductases has been proposed to contribute to the proton motive force by only six protons per 2 electrons from one molecule of NADH, and considering that half of the generated ATP during denitrification is available for growth, this suggests that the growth yield per oxidized NADH by denitrification is only 30 % of the growth yield during aerobic respiration (103). Accordingly, the growth of *P. aeruginosa* is expected to be lower with nitrogen oxides as electron acceptors than under aerobic conditions, and the observation of slow growth in *P. aeruginosa* biofilm in the lungs (6) along with the N₂O formation in expectorated sputum supports the hypothesis that denitrification is an important metabolic pathway for *P. aeruginosa* biofilms during lung infection in CF patients.

Bacterial response to O₂ depletion during chronic CF lung infection

First evidence for anaerobic growth of *P. aeruginosa* in CF lungs was provided by the demonstration of O₂ depletion and presence of OprF, a biomarker of denitrification in the endobronchial mucus from chronically infected CF patients (7), (104). Denitrification by *P. aeruginosa* has been further confirmed by the production of N₂O in anoxic parts of sputum samples from CF patients with chronic *P. aeruginosa* lung infection (36), (Figure 4). The absence of O₂ in

233 parts of the CF airways has been further confirmed by the isolation of obligate anaerobes from CF
 234 sputum and bronchoalveolar lavage fluids (105), by the demonstration of anoxic zones in CF
 235 sinuses (106), as well as by the presence of anoxic zones in CF sputum (36), (37). Several other
 236 biomarkers of *P. aeruginosa* engaged in anaerobiosis during chronic lung infection in CF have been
 237 isolated from sputum. These include; antibodies against OprF and Nar in sera (104), (107), the
 238 upregulation of the denitrification reductases in CF sputum (108) and CF isolates (109), (110), and
 239 the increased transcription of the anaerobic regulator gene *anr* and up-regulation of Anr-dependent
 240 genes (109). Additionally, after antimicrobial treatment the infected sputum content of NO_3^-
 241 increases (42) indicating a reduction in the activity of denitrifying cells.
 242 The effect of anaerobiosis on the pathogenicity of *P. aeruginosa* may be highly relevant since
 243 production of the viscous matrix component alginate is increased when O_2 is absent (111), (7).
 244 Alginate is linked with decreased lung function (112), possibly due to the ability of alginate to
 245 provide protection against antibiotics (113), (114) and phagocytic killing (115). Additionally,
 246 components of the anaerobic respiration pathway are immunogenic as evidenced by the presence in
 247 sera of antibodies against OprF and Nar (104), (107), and the activity of the nitrite reductase is
 248 required for type III secretion resulting in prolonged survival in human monocytes (116) and
 249 enhanced virulence (117). Moreover, the N_2O production in infected CF sputum (36) indicates that
 250 NOR is active in *P. aeruginosa*, which is associated with higher tolerance against NO produced by
 251 macrophages (118) and has been shown to cause increased virulence during infection in silkworms
 252 (119).
 253 In CF patients with chronic *P. aeruginosa* lung infection, the existence of pulmonary niches with
 254 low O_2 levels has been demonstrated directly in the bronchial mucus (7) and in sputum samples
 255 (36), (37), and evidence for growth in such niches comes from observation of the increased
 256 expression of genes involved in microaerobic respiration such as the high affinity oxidase *cbb3*

257 (109). Furthermore, *P. aeruginosa* CF PAO1 cultures kept at O₂ levels resembling the hypoxic
258 pulmonary niches exhibit slow growth corresponding to *in vivo* pulmonary growth rates of *P.*
259 *aeruginosa* reported in CF lungs (6), (88).

260

261 **Effects of the chemical microenvironment on bacterial susceptibility to antimicrobials:**

262 Most studies of antimicrobial tolerance have not focussed on the hypoxic or anoxic conditions
263 experienced *in vivo* by *P. aeruginosa* in their biofilm micro-niche surrounded by PMNs in the
264 chronically infected CF lung. Yet, tolerance toward antibiotics in biofilm is recognized as a major
265 cause of therapeutic failure during chronic infection and the mechanisms of antimicrobial tolerance
266 *in vivo* are not completely understood (120).

267 Physiological stratification in biofilms grown *in vitro* confers tolerance to several commonly used
268 antibiotics due to limited O₂ availability and nutrient supply to deeper biofilm layers (120), (121).
269 Several bactericidal antibiotics such as ciprofloxacin target aerobic respiration and induce lethal
270 cellular damage by redox-related physiological modifications resulting in formation of ROS (60),
271 (61), (123-125). In fact, several common types of antibiotics such as aminoglycosides, beta-lactams
272 and quinolones target processes linked to the TCA cycle in metabolically active bacteria leading to
273 formation of toxic ROS that contribute to the bactericidal activity of the antibiotic during aerobic
274 respiration (60), (123). Accordingly, the bactericidal activity of ciprofloxacin and tobramycin was
275 decreased when the availability of O₂ was reduced (59), (60). The slow growth associated with low
276 levels of O₂ (88) may also contribute to tolerance against tobramycin and ciprofloxacin in biofilm
277 as well as in planktonic cultures (62), (63), (65).

278 To overcome antibiotic tolerance in biofilms, alleviation of O₂ limitation may activate aerobic
279 respiration and thus increase the susceptibility of pathogens to several antibiotics targeting
280 metabolic active bacteria. As an example, hyperbaric O₂ treatment (HBOT) may significantly

enhance the efficacy of antibiotic treatment *in vitro* (126-128) and HBOT has the potential to enhance the antibiotic activity during experimental *in vivo* biofilm infections (129-132). Enhanced antibiotic activity against *in vitro* biofilm may also be achieved by supplying pure O₂ at normobaric levels (133). In contrast, the bactericidal activity of colistin on *P. aeruginosa* does not require the formation of toxic levels of ROS from O₂ (60), and the bactericidal activity of colistin is actually enhanced in the absence of O₂ (134). The bactericidal activity of colistin mainly depends on its interaction with lipopolysaccharide (LPS) within the outer bacterial membrane (135), (136). Decreased tolerance of anaerobic biofilm against colistin may thus be due to limited ability to establish tolerance by actively modifying LPS (137-139) due to the reduced production of ATP during anaerobic respiration as discussed above. A better understanding of the effects of anoxia and re-oxygenation on the susceptibility of biofilms to various antimicrobials may facilitate optimized selection of antimicrobials against biofilm during chronic infections. There is thus a strong need for further studies focusing on relating the *in vivo* susceptibility of biofilms to antibiotics to the chemical microenvironment in chronic infections, and how it is shaped by the host immune response.

Chemical microenvironment during biofilm infection in non-CF patients:

Albeit this review focusses on how immune-responses change the growth landscape for pathogenic bacteria causing chronic lung infections in CF patients, we also advocate that similar effects could be relevant in other chronic infections. The involvement of bacterial biofilms in the poor healing of chronic wounds has lately received increased attention (140), (141), and it has been demonstrated in experimental wounds that infection with *P. aeruginosa* biofilms impairs wound closure rates (142), (143). It was also shown that steep O₂ gradients are present in the wound scab of diabetic mice with *P. aeruginosa* biofilm infection in their dorsal wound (144). Such hypoxic conditions may

305 contribute significantly to delayed wound healing (145-147). The source of O₂ depletion in infected
306 wounds is far from clarified, but the finding of enhanced expression of bacterial genes associated
307 with O₂ limitation and anaerobic growth in infected wounds of diabetic mice (144) indicate a
308 significant consumption of O₂ outside the biofilm. Increased accumulation of PMNs in human and
309 mouse wounds with biofilm infection (148), (149) also indicate that PMNs may dominate local O₂
310 consumption around bacterial aggregates in wounds similar to patterns observed in the infected CF
311 lung, but this proposal awaits further experimental investigation.

312

313 **Conclusion and outlook.**

314 *In vitro* studies of *P. aeruginosa* and other pathogenic bacteria have yielded detailed insight to their
315 potential growth modes and metabolic flexibility when switching between planktonic and biofilm
316 habitats, and under exposure to gradients of substrate and electron acceptor. However, in chronic
317 lung infections of CF patients the growth pattern of *P. aeruginosa* is very different from what is
318 observed *in vitro*. Dense *in vitro* biofilms of *P. aeruginosa* exhibit rapid O₂ depletion within <50-
319 100 µm due to their own aerobic metabolism. In contrast, *in vivo* investigations show that *P.*
320 *aeruginosa* persists in the chronically infected CF lung as relatively small cell aggregates that are
321 surrounded by many PMNs, where the activity of PMN's is the major cause of O₂ depletion
322 rendering the *P. aeruginosa* aggregates anoxic. High levels of nitrate and nitrite enable *P.*
323 *aeruginosa* to persist fueled by denitrification in the PMN-surrounded biofilm aggregates. This
324 configuration creates a potentially long-term stable ecological niche for *P. aeruginosa* in the CF
325 lung, which is largely governed by slow growth and anaerobic metabolism and enables persistence
326 and resilience of this pathogen even under the recurring aggressive antimicrobial treatments of CF
327 patients. There is now a clear need for better *in vitro* models that simulate such *in vivo* growth
328 patterns and anoxic microenvironments and that can help unravel e.g. the efficiency of existing or

329 new antimicrobials targeting anaerobic metabolism in *P. aeruginosa*. Host immune responses such
330 as PMN-driven O₂ depletion may also play a central role in the formation of anoxic microniches
331 governing bacterial persistence in other chronic infections such as chronic wounds.

332

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702

703 **Figure legends**

704

705 Figure 1: Model of growth and activity in a surface-attached *in vitro* biofilm. (A) Cross-section of
706 structured biofilm consisting of bacterial cells embedded in an exopolymeric matrix. (B) The
707 chemical conditions in an *in vitro* biofilm, going from high concentration of substrate/nutrients/O₂
708 in the bulk medium surrounding the biofilm and depletion with depth in the biofilm. (C) Spatial
709 heterogeneity in growth rate as a result of chemical gradients. Cells close to the surface of the
710 biofilm grow fast, while cell growth becomes increasingly limited with depth in the biofilm. (E)
711 Hypothetical result of treatment with colistin. The outer layer of actively growing cells survives the
712 treatment, while the slow-growing cells deeper in the biofilm are killed. (F) Hypothetical result of
713 treatment with ciprofloxacin. Actively growing cells in the outer biofilm layer are killed, while the
714 slow-growing cells in deeper biofilm layers survive ciprofloxacin treatment.

715

716 Figure 2: Fluorescence microscopy (A – B) images (x 170 magnification) of mucosal *P.*
717 *aeruginosa* biofilm stained with PNA-FISH (red) and PMNs stained with DAPI (blue) in lungs
718 from CF patient with chronical *P. aeruginosa* biofilm (Kragh et al., 2014).

719

720 Figure 3: Proposed effect of PMN accumulation on the *in vivo* susceptibility of biofilm aggregates
721 to antibiotics in the CF lung. (A) The bronchial lumen with two non-attached biofilm aggregates
722 surrounded by PMN-infiltrated mucus. (B) Oxygen concentration gradient in the mucus towards the
723 biofilm aggregates. High concentration of PMNs results in stronger local O₂ depletion and thus
724 steeper concentration gradients due to the PMN respiratory burst. (C) High concentration of PMNs
725 around a biofilm results in local anoxia with no or very slow aerobic growth of bacteria in the
726 biofilm aggregate, while absence or lower abundance of PMNs enables higher growth due to better

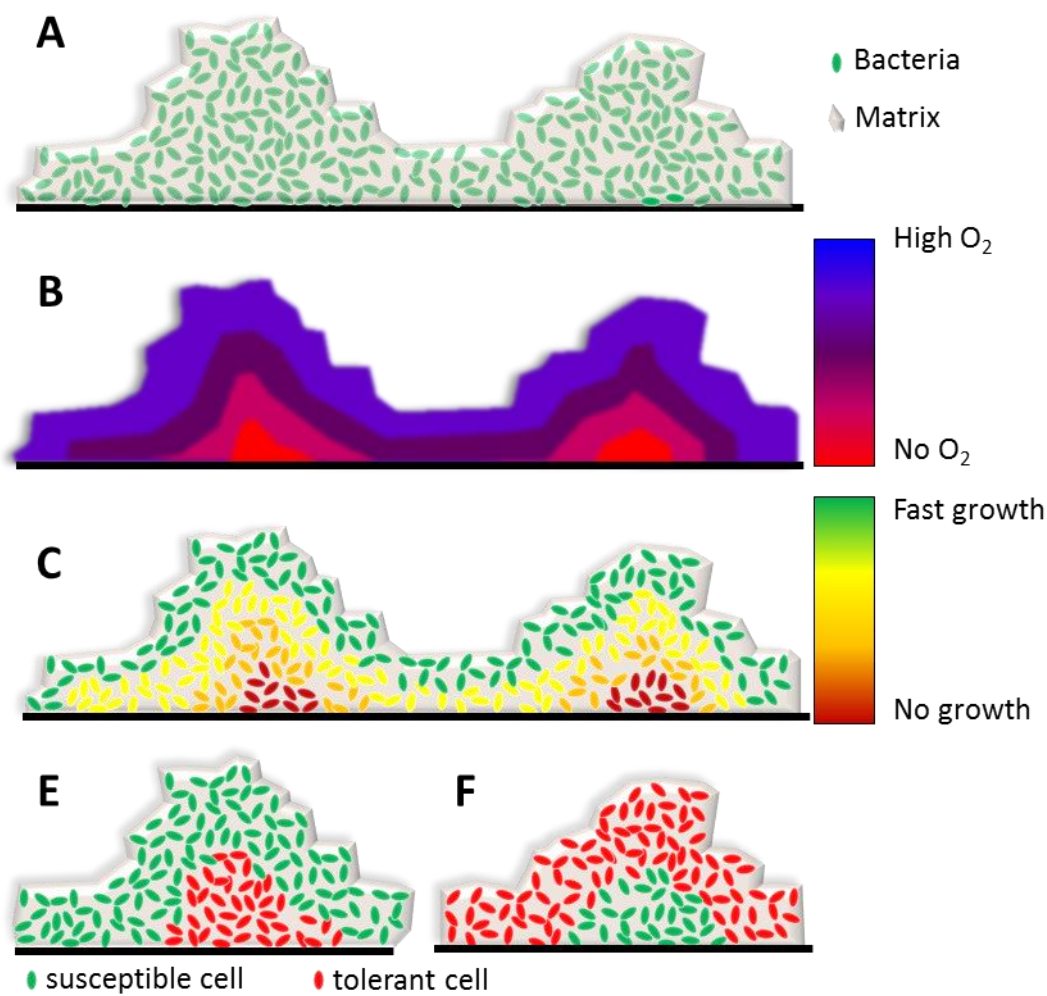
727 O₂ availability. (D) Differences in apparent growth rate of pathogenic bacteria in biofilm aggregates
728 as modulated by PMN activity could also lead to different susceptibility to antibiotic treatment.

729

730 Figure 4: Figure 4: A) Close up of a sputum sample from a cystic fibrosis patient with chronic *P.*
731 *aeruginosa* lung infection with an inserted microsensor. (B) Representative microprofiles of N₂O
732 and O₂ in a CF sputum sample. O₂ profiles are shown as the mean and SD of three microprofiles
733 recorded in the beginning of the experiment and did not change significantly throughout the
734 experimental period, while the N₂O profile represents the maximal N₂O levels measured about 6-7
735 h after beginning. (C) A schematic model of the involved PMN and biofilm processes in CF
736 sputum explaining the microprofiles. With permission from (36).

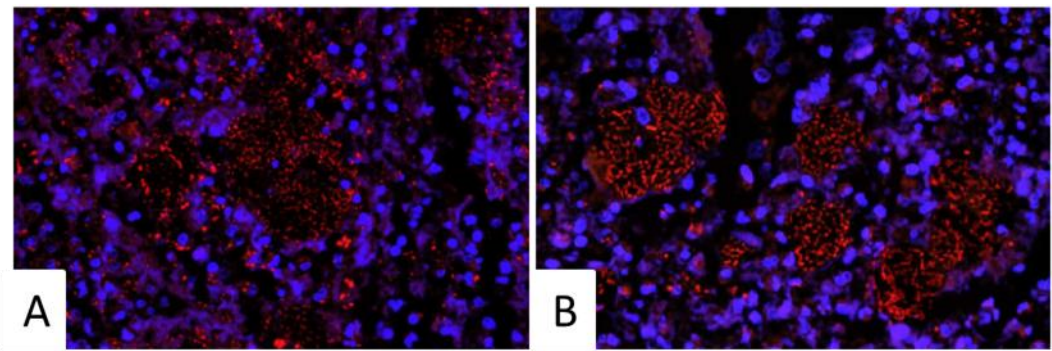
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738 Fig 1



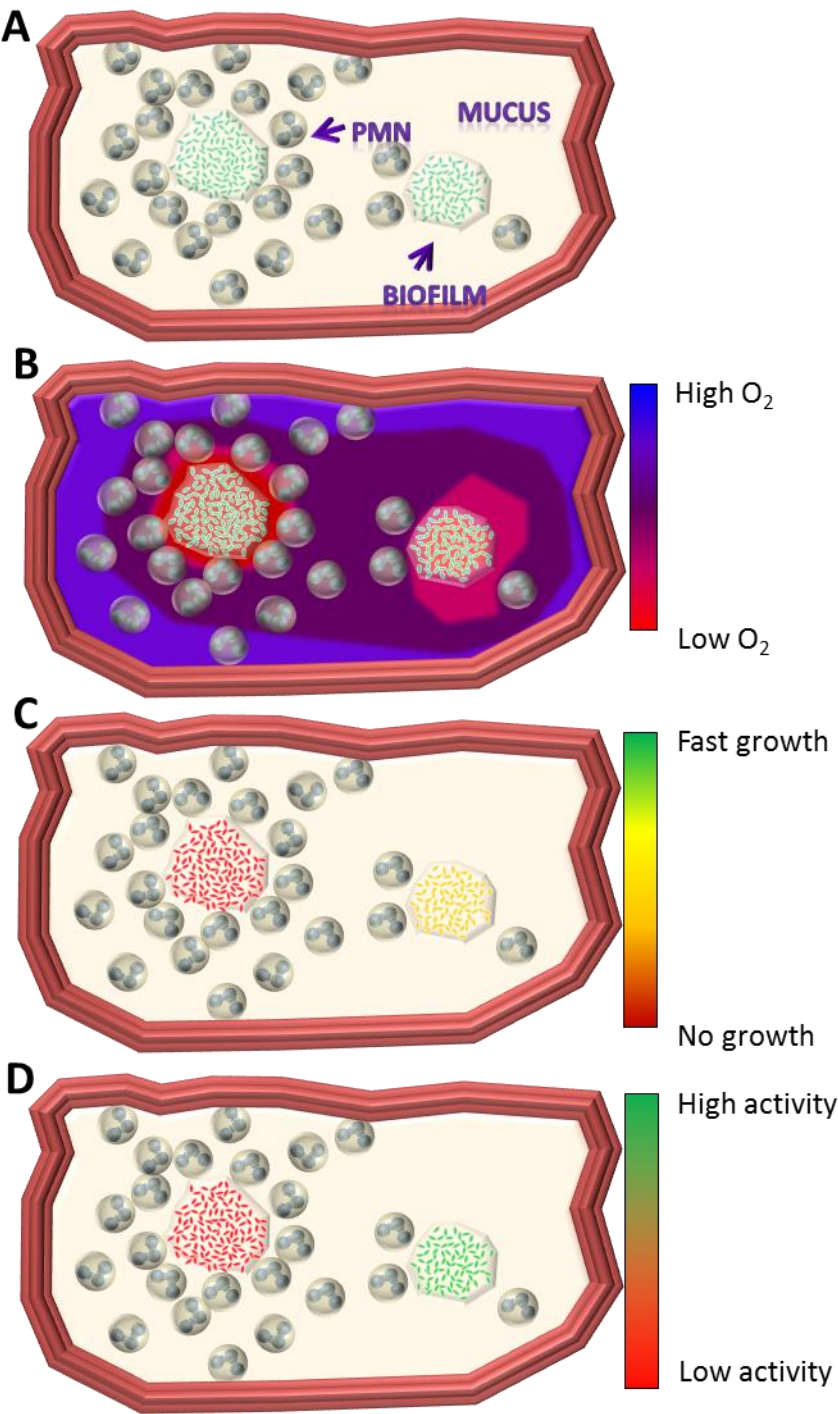
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740 Fig 2



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742 Fig 3



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